

Physical Activity Ambition Update

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Report of: Head of Active Leeds & Chief Officer Consultant in Public Health

Report to: Adults, Health and Active Lifestyles Scrutiny Board

Will the decision be open for call in? Yes No

Does the report contain confidential or exempt information? Yes No

Brief summary

This report provides an update on the development of the Physical Activity (PA) Ambition for Leeds which is being led by Active Leeds and Public Health together with partners across the city. This report includes details on the:

- physical activity governance arrangements
- updated revised vision for physical activity for Leeds
- progress made on priorities agreed at scrutiny board in February 2022 and Health and Wellbeing Board December 2021.

Recommendations

- a) Note and comment on the content of the report.
- b) To note the progress on the Physical Activity Ambition presented and revised Vision to support this work'
- c) To note the progress made on the priorities of 'Active Environments' and 'Active People'

What is this report about?

- 1 This report provides an update on the Physical Activity Ambition work following the last update provided in February 2022. Additionally, an update is provided on the governance arrangements for this work and the proposed new city-wide Physical Activity Vision.

Leeds Physical Activity Context:

- 2 There is clear evidence that being physically active is essential for good physical and mental health and wellbeing (World Health Organisation, 2023). As well as being physically active, it is important that all adults and children minimise the time spent being sedentary for extended periods (CMO Guidelines, 2019).
- 3 Leeds's Best City Ambition sets out a mission to tackle poverty and inequality and improve quality of life for everyone who calls Leeds home. Delivering our Physical Activity Vision plays a key role in achieving the City Ambition. In a city where everyone moves more, we will improve health and wellbeing, contribute to reducing carbon emissions, and support inclusive growth.
- 4 Physical activity is a key priority for the council and is outlined in the Leeds Health and Wellbeing Strategy 'Get More People, More Physically Active, More Often' and contributes to reaching our vision to be a healthy and caring city where people who are the poorest improve their health the fastest. Physical activity remains a priority within the proposed refresh of the Health and Wellbeing Strategy and we continue to work closely in the development of this.
- 5 Prior to the Covid-19 pandemic trends in physical activity levels for adults in Leeds show that inactivity levels (doing less than 30mins of activity per week) were improving; however during Covid these levels unsurprisingly rose. The latest Active Lives data currently available shows that for 2020-2021 the inactivity levels for adults have improved slightly but have not returned back to pre-covid levels. Encouragingly Leeds' inactivity levels for adults remain lower than the average across Yorkshire and England (Sport England, 2022) Table 1 below shows the inactivity trends from 2018 – 2021 for Leeds, Yorkshire and England for adults. The latest data from My Health, My School (2021/2022) shows that 31% of children and young people are inactive.
- 6 **Table 1:** Sport England Active Live's Adult Data for Leeds, Yorkshire and England 2018-2021. Percentage of adult population doing less than 30minutes of physical activity per week.

Sport England Active Live's Inactivity Adult Data	Leeds	Yorkshire	England
2018-2019	20.9%	25.6%	24.6%
2019-2020	25.6%	29.2%	27.1%
2020-2021	23.3%	28.4%	27.2%

- 7 Research reviews undertaken by Leeds Beckett University in relation to the effect on physical activity levels shows that some groups in the population have been disproportionately affected by the Covid-19 pandemic. These population groups include women, young people, disabled

people, those with a long-term health condition and those from a Black or Asian background (Leeds Beckett University, 2020; 2021).

- 8 Inequalities have widened and lifestyle habits have changed – leading to less active and more sedentary hours. The “Build Back Fairer Covid-19 Marmot Review” highlighted that there are pre-existing inequalities in levels of physical activity related to socioeconomic position and that more advantaged groups tend to have higher levels of physical activity. Adults in higher occupational groups increased their levels of physical activity more than adults in lower occupational grades. Supporting this, Sport England’s Active Life’s adult data (2020 -21) shows that inactivity levels are nearly double in the most deprived communities when compared to those of the most affluent in Leeds.

What impact will this proposal have?

- 9 Working together, Public Health and Active Leeds and supported by Parks and Countryside continue to drive forward the work for the Physical Activity Ambition for Leeds. A wider network of partners are involved throughout the governance structures and projects detailed below.
- 10 The aim of the programmes of work, in line with the new proposed vision, is to create a place where everyone moves more every day and where everyone has the opportunity to live, and benefit from living, a more active life. All partners recognise that the approach to decreasing inactivity levels is long-term, involving systemic change as well as seeking to harness the strength of individuals and their communities.
- 11 It is also acknowledged that a greater impact can be achieved in physical activity levels if the change occurs at a societal and environmental level and not just with the individual. This is the basis of our city-wide approach moving forward with all elements of this work under-pinned by a focus on reducing inequalities within the most disadvantaged populations and communities in the city. This can only be achieved by working across the system engaging a range of partners across not only physical activity and health but wider to influence system changes to make it easier for people to move more.

Physical Activity Governance

- 12 The Leeds Everyone Moving More Leadership Group (previously known as the Physical Activity Ambition Partnership Board) was established in August 2022 with the purpose to champion and influence change in line with the physical activity newly proposed vision: *Leeds is a place where everyone moves more every day.*
- 13 Representation is system-wide covering multiple Leeds City Council departments including Operations & Active Leeds, Public Health, Strategy & Policy, Planning and Sustainable Development, and Parks and Countryside as well as the Executive member for Public Health and Active lifestyle. External to the council representation comes from Healthwatch Leeds, Leeds Integrated Care Board, Sport England, Yorkshire Sport Foundation and the third sector.
- 14 This Leadership Group is independently chaired by Yorkshire Sport Foundation, which is a temporary role until the Group appoints an agreed chair. The purpose and principles of the group have been co-produced with the group which are as follows:
The members add value by:
- **Providing strategic leadership & vision** to influence systematic changes that prioritise physical activity
 - **Promoting a culture of co-production** by developing collaborative values and behaviours, and ensuring that people are at the heart of decision making

- **Influencing policy & strategy** so that physical activity is a key enabler in the delivery of city-wide priorities: health and wellbeing, climate change and inclusive growth.
- **Addressing difficult issues** recognising our role in creating solutions and removing barriers that enable progress to be made

15 This Leadership Group is relatively newly formed, focusing initially on the overall vision for physical activity for the city, how physical activity cuts across all of Leeds city's priorities of reducing inequalities, improving health, economic and climate change outcomes and how current issues such as the cost-of-living crisis could affect people's physical activity levels now and in the future.

16 Meeting every 3 months, future conversations will focus on how physical activity is being embedding into policies and agendas across the system, taking deep dives into the physical activity priority projects to help progress them and uniting behind agreed priorities for the next year.

17 It has been previously documented that there are already a number of operational and steering groups established that support the physical activity governance which embed a vast range of partners both internal and external. These groups manage the programme of work within the Physical Activity Framework aligned to the physical activity vision. The Leadership Group supports these groups through the principles outlined above.

Physical Activity Vision

18 The ambition is for Leeds was previously 'to be the most active city in England'. This is now considered outdated and does not reflect the voice of the people of Leeds or the insight underpinning this programme of work.

19 The below new vision has been informed by the Get Set Leeds conversation, of which over 4500 responses were received and then academically analysed, the Covid-19 rapid reviews completed by Leeds Beckett University, insight from the Leeds Big Chat, LCC policies and strategies and insight from national campaigns and similar projects.

20 The revised vision for physical activity is '*Leeds is a place where everyone moves more every day*'. The 'Leeds Everyone Moving More Leadership Group' (previously known as the Physical Activity Ambition Partnership Board) will drive forward the work associated with delivering the physical activity vision for Leeds. The vision not only reflects the voice of the people of Leeds but is also a much better reflection of the Leeds Health and Wellbeing Strategy physical activity priority: 'Get More People, More Physically Active, More Often'.

Insight Driven Approach

21 As previously reported to this Scrutiny Board in February 2022, the development of the new Physical Activity Ambition began with a city-wide conversation called "Get Set Leeds". Get Set Leeds was a proactive engagement campaign which was the largest-ever study completed in Leeds around the importance of physical activity on the lives of over 4,500 residents. It gave people a chance to share ideas on what getting active meant to them and what might support them to move more. It focused on identifying assets, barriers, and co-producing solutions. A summary of the findings and key messages can be found here:

https://www.youtube.com/watch?v=N_LD9RxEia8

22 In response to the Covid-19 pandemic Leeds Beckett University was commissioned to undertake Rapid Literature Reviews from January 2021 to help understand the impact that

Covid-19 was having an impact on physical activity and wider determinants known to impact on these levels. The Rapid Literature Reviews have been significant in helping focus where the physical activity ambition should prioritise workstreams, therefore Leeds Beckett University has continued to review literature to help shape and guide the work.

Physical Activity Framework and Priority Update

23 Based on guidance from the World Health Organisation Global Action Plan on Physical Activity 2018-2030, the Physical Activity Ambition has applied a framework of four objectives, which the city can work on collectively; these are shown in the table below.

24 **Table 2:** Leeds Physical Activity Ambition Framework

Active society	Active environment	Active people	Active systems
We will create a social norm where it is the easiest choice to be physically active every day.	We will work with people to understand the external drivers affecting their physical activity levels	We will work with identified target groups to create small changes to how capable they feel to be physically active every day and test new ways of working.	We will work in partnership to create a healthier place, a greener city and a stronger local economy.

25 Active Environments and Active People were selected as initial priorities for the Physical Activity Ambition. These priorities were originally agreed by the Physical Activity Ambition Steering Group, Health and Wellbeing Board in 2021 and Adults, Healthy and Active Lifestyles Scrutiny Board in 2022 based on the following criteria:

- can significantly impact on inequalities across the city.
- present genuine opportunities for cross-sector / cross-cutting co-production with communities and key stakeholders.
- emerge as key priorities from the Get Set Leeds Conversation and Covid-19 rapid review.
- aligned to city priorities - Inclusive Growth, Health and Wellbeing and Climate Change.
- areas where there is already momentum building, willingness to engage and a need to focus resource

26 In line with the Physical Activity Co-production Principles which has been defined as “*people coming together, sharing power, resources and responsibility, to bring about a collaborative change and collective learning*”, a scoping process was undertaken to develop the priority workstreams:

Phase 1 – scoping out existing work and identifying gaps / opportunities within the priorities of Reconditioning

Phase 2 – planning and preparation for co-production around these gaps / opportunities – agreeing approach for each focus area and developing resources / tools required to do the work

Phase 3 – begin co-production with partners and communities of interest

Phase 4 – co-produced action planning

Phase 5 – implementation of co-produced action plans with partners

27 Updates on the progress of the priority workstreams – Active People and Active Environments - within the Physical Activity Ambition are as follows:

Active People

- 28 **Children and Young People: Young Minds Get Active** – Priority work focusing on young people and mental health is being led in partnership across the Public Health Children and Families team, Active Leeds and networks of third-sector physical activity providers (supported by Street Games and Voluntary Action Leeds), and mental health specialists including MindMate Ambassadors and local schools.
- 29 As a result of working through the scoping process outlined above, a working group has been established and an action plan developed to refine and prioritise ways of achieving positive outcomes for young people in Leeds in relation to physical activity and mental health. As part of the engagement with young people within this process, the Youth Council put forward the name Young Minds Get Active for the workstream and working group.
- 30 A networking and learning event (Moving Together) was held in November 2022 which brought together 65 partners from across the physical activity and mental health provider sectors. This event generated key insights and a contact list of stakeholders with a strong interest in this work.
- 31 A communications project will be launched in March involving young people making their own videos about the physical activities they enjoy and how this benefits their mental wellbeing, for use in a social media campaign to promote updated physical activity information on the MindMate website, which will also be developed in consultation with young people.
- 32 The intended outcomes of this workstream are that:
- Young people in Leeds are aware of the benefits of physical activity for mental wellbeing – and feel motivated to act on this
 - Opportunities for young people to be physically active in Leeds are shared via well-established information platforms
 - The physical activity workforce (including third-sector organisations delivering physical activity opportunities) has a good knowledge of what support is available to support young people to manage their mental health, and feels able to navigate referral processes and information systems
 - The mental health workforce has a good knowledge of what physical activity opportunities there are for young people accessing their services, and signpost to these effectively
 - Physical activity opportunities are provided in a way that is inclusive, with consideration for the impact of weight stigma, promoting culturally sensitive offers, taking a trauma-informed approach, and (if appropriate), using anxiety management/mindfulness approaches to enable participation.
 - Physical activity is effectively incorporated into the therapeutic offer for children and young people experiencing mental health issues or who are seeking support for social, emotional and mental health needs.
- 33 Aspects of this workstream are also indicated in the Future in Mind Prevention workplan.
- 34 **Children and Young People: Play** – Play Sufficiency is an ongoing process of research and action to assess, improve and protect children’s opportunities for play.

- 35 Leeds is proud to be leading the way by being the first city in England to work through a full Play Sufficiency Assessment. The research element has been led by Active Leeds, working with Fall into Place, Public Health and Child Friendly Leeds. Play consultants Ludicology have been commissioned to guide Active Leeds through this journey, funded through the Sport England supported project Get Set Leeds Local (GSSL). Ludicology have provided advice, research, training and mentoring to the Play Sufficiency Implementation Team, alongside delivering 3 CPD sessions to a wider partnership made up of cross directorate colleagues.
- 36 Over 50 hours has been spent listening to children and young people in Leeds, through the lens of the time, space and permissions they feel they get to play. Time has been spent with groups of children from across seven primary schools, 1 Specialist Inclusive Learning Centre, 1 Pupil Referral Unit and a Year 9 group. Alongside this collection of rich data, the research has also included parent/carer focus groups; a Year 5 survey, a Year 9 survey and a parent/carer survey and focus groups with front line practitioners.
- 37 Following 2 events where the findings of the research was shared, over January and February 2023 Cross Directorate Council colleagues are contributing further to the Play Sufficiency Assessment via focus groups before coming together as a partnership to further action plan.
- 38 **Ageing Well** – A Rapid Health Needs Assessment showed that inactivity levels have risen during the Covid-19 pandemic for those aged 65years and above. In particular strength & balance activity was reported to have decreased which modelling predicts that 110,000 more older people are projected to have at least one fall per year as a result (OHID, 2021).
- 39 Working in partnership with Active Leeds, Public Health Healthy Living and Older Peoples team, along with the Health Partnerships Team, a campaign is now in development. The campaign will focus on strength for people aged 40years upwards and/or living with frailty or a long-term condition. Research reviews with Leeds Beckett University (2021; 2022) has advised that the target audience should be lowered to 40years as research shows muscular degeneration can happen at an earlier age than previously thought without strength-based exercises. Engaging in the above is to ensure that prevention is encouraged to reduce the risk in later years with falls and frailty and aide older people to longer in healthy life years. This is due to be launched at the start of February 2023.
- 40 Following the review into the Active Life Programme (with over 600 respondents) an action plan is now in place which aims to improve the offer and experience for older people across the leisure centres. Working with the community and leisure centre managers more sessions have been identified and tailored to their needs, extending and improving the current offer available. Communications was a key area identified within the consultation which has now lead to improved newsletters, noticeboards and webpages. Four venues have been identified to become Age Friendly venues and working alongside the Older Peoples Forum, Active Leeds will co-create actions plans to work towards. There are also now 6 Age Friendly Ambassadors recruited across Active Leeds.

Active Environments

- 41 **Get Set Leeds Local** – This is Sport England funded project working currently in four of the priority localities Seacroft, New Wortley and Beeston and Holbeck developing co-production networks and an ABCD asset-based approach. This project has now been extended into an additional fourth year and the project team has recently submitted a funding bid to extend this into a fifth and sixth year with continued funding from Sport England (we await a decision in March 2023).
- 42 Through this way of working a number of community-based ideas and projects have been delivered, and have now reached their one-year anniversary:
- Recovery Runners – Supporting residents through addiction with running and walking, the group regularly engage 60 residents a week, taking referrals from Spacious Places

and the Growing Rooms residential support centres – marked the anniversary with a community event, foodbank campaign and sports kit exchange.

- Leeds Valkyries – a ladies community basketball project – supporting residents to get active in Beeston using Basketball and movement. [South Leeds Valkyries - YouTube](#)
- Parkroll – Community resident led ‘Roller Skating’ project which happens each Saturday for young people and adults [Cross Flatts - Saturday Park Roll - YouTube](#)
- Community Cycling Hubs – Cycling Hub’s positioned in Get Set Leeds Local localities which are teaching residents to ride bicycles for leisure and travel as well as upskilling residents to maintain bikes and increasing the confidence and capability of individuals.
- Active Through Football – The project has developed 21 projects in Get Set Leeds Local areas which are community led, working with inactive sedentary residents. The project has employed a local workforce of coaches and activators with over 200 residents active per week. This is a co- produced project between Leeds Utd Foundation, Active Leeds, Holbeck Together, Slung Low, Hamara, Yorkshire Sport Foundation and West Riding FA.

43 The Get Set Leeds Local project remains resilient and flexible to meet the current needs of the community. In 2020 the project responded accordingly to the Covid-19 pandemic and is currently responding to the developing needs which rise with the cost-of-living crisis. For example, through ongoing conversations with residents, one of the key barriers that has been identified is access to sportswear and footwear therefore the project team have worked to co-create solutions with local partners.

- Together for Sport – Working with Zero Waste Leeds to co-produce a project that gets unused sportswear and footwear to residents to address the barrier of expensive kit, also supports the waste reduction strategy – 100s of items of clothing and footwear have been donated – a sharing system has been built.
- Action for Sport – We have influenced and are working with Action For Sport - where we have supported a range of community organisations with access to sports kit – Seacroft Eagles have received a large donation of winter fleeces this winter to ensure residents can stay active this winter.

44 **DfT Active Travel Social Prescribing Project** - Active Leeds, Public Health, Leeds Integrated Care Board and partners have been successful in securing funding from the Department of Transport (DfT) for a 3 year revenue project (£1.3 million across 2022 - 2025) to implement an Active Travel Social Prescribing project in the Burmantofts, Harehills and Richmond Hill (Primary Care Network) area of the city. The project aims to increase physical activity levels through prescribing walking and cycling in primary and secondary care. Links between infrastructure development (existing and new) will also support a modal shift towards more Active Travel.

45 The project is currently in the mobilisation stage with governance structures established. The project will be based on an approach of community and partner engagement, centred around 7 interventions:

- Communication – conversations, access to trusted information, Walk It Ride It campaign and assets
- Physical and Social Environment - to create safe, clean and traffic free spaces
- Urban trails – co-design, use of way marking, route planning, access to toilets and places to rest

- First steps to walking - community chest pot to strengthen the role of our community partners in providing walking/cycling activities, access to kit, buddy programme
- Learn to ride – community activation, continuing our work with providers, a family approach
- Bike libraries/hubs – accessing existing resources, for example, Inner East cycle hubs
- Bike loan - establishing accessible, affordable options for active travel to employment and skills opportunities

This project will be seeking to consider how best it can scale up this work across the city and develop a legacy for communities across Leeds.

How does this proposal impact the three pillars of the Best City Ambition?

Health and Wellbeing

Inclusive Growth

Zero Carbon

46 Embedding physical activity into everyday life provides a unique opportunity to contribute to the three city strategic pillars of Inclusive Growth, Health and Wellbeing and Zero Carbon. This work also aligns with other key strategies such as Mental Health Strategy, Transport Strategy and developing the Local Plan.

47 There is good evidence that the benefits of increasing physical activity are wide ranging including impact on employment and employability, promoting engagement and civic trust and reducing isolation. It is also clear that by increasing the amount of people actively traveling into and across Leeds will also contribute to reducing carbon emissions and help reach the city's zero carbon target. Realising the ambition to increase levels of physical activity has the potential to contribute to a healthier place, a greener city and a stronger local economy.

48 The priorities identified and agreed contribute positively towards the three pillars by:

- Health and Wellbeing Strategy:

Priority six: Get More People, More Physically Active, More Often'. The physical activity vision is aligned to this priority and therefore the programme of work also.

Priority one: A child friendly city and the best start in life – Children and Young People targeted work

Priority two: An age friendly city where people age well – Older Adults targeted work

Priority three: Strong, engaged and well-connected communities – Get Set Leeds Local Project

Priority eight: A stronger focus on prevention – through campaigns across the life course

Priority nine: Support self-care, with more people managing their own conditions – Active Life programme offer

Priority ten: Promote mental and physical health equally – Young Minds Get Active project

Priority eleven: A valued, well trained and supported workforce – actions identified within Ageing Well and Young Minds Get Active to upskill and support workforce and ambassadors.

- Zero Carbon: DfT Active Travel Social Prescribing Project which aims to increase active travel opportunities
- Inclusive Growth Strategy: Ageing Well – the strengthening campaign targets those with frailty which is one of the indicators used within the Social Progress Index. The improvements made towards the Active Life programme will also contribute to this indicator.

What consultation and engagement has taken place?

- 49 The Physical Activity Ambition approach to reducing inactivity aims to connect work that is taking place at a city-wide level with a more in-depth engagement across the life course with priority neighbourhoods / communities and under-represented groups.
- 50 The Physical Activity Ambition benefits from clear and effective management and robust governance which ensures engagement at all levels continues. The involvement of a wide range of senior leaders through the Leadership Group benefits the programme of work towards the vision of Leeds is a place where everyone moves more every day.
- 51 The ongoing conversation started continues to engage people across Leeds into the co-production of physical activity through focus groups and community panels and attending community committee sessions. Working with communities and co-producing is at the heart of everything the service does as well as building partnerships as highlighted earlier in the report.
- 52 The physical activity co-production principles toolkit was established to ensure working with people is embedded into the ethos of this work. These guiding principles encourage all areas of the project to work towards an improved standard of co-producing. For example:
- Local engagement and working with the council communities team and residents and community chest funding (as part of Get Set Leeds Local) has seen the establishment of community level projects co-produced with partners and residents. Some of these successes are mentioned earlier in this report.
 - As part of the DfT Magpie Creative are leading the engagement work with our social prescribing teams and clinical pathway leads and in January will start talking to residents and the wider community.
 - Through the Play work – over 50 hours of consultation with young people has been completed feeding directly in the research
 - Engagement and co-production is embedded into the scoping process taken when working through any of the priorities agreed in the PA Ambition work.

Wards affected:

Have ward members been consulted? Yes No

What are the resource implications?

- 53 Public Health, Active Leeds, Health Partnerships, Parks and Countryside, Planning and Transport colleagues all collaborate and lead the project along with contributions from partners in the Place Based Partnership, Sport Leeds Board, Leeds Beckett University, and the Third Sector. The Council is keen to ensure all agencies across the city focus on working together as a city to make sustained and noticeable improvements to physical activity levels in the city.

- 54 Locality working is resource intensive, however, long-term investment in some of the 1% areas has built reciprocal, trusting and sustainable relationships which has underpinned successes. This has been successful by engaging flexibly and responsively with both residents and external organisations in these priority localities. In-depth engagement in advance of projects starting has been helpful as well as having in-depth knowledge of the assets available.
- 55 The social return on investment from increasing the numbers of people being more physically active is significant for the city including social, economic, physical and mental health benefits. Every £1 spent on community sport and physical activity generates nearly £4 for the economy and society based upon the findings of a recent study by Sheffield Hallam University.
- 56 The Physical Activity Ambition work is funded through time limited grants and for this programme of work to achieve long term behavioural change consideration needs to be given to the sustainability of the resources to fully realise the benefits.

What are the key risks and how are they being managed?

- 57 The programme of work is currently reliant upon short-term funding to complete silo-projects. Services are working jointly to ensure the long-term gains are made towards inactivity levels and surrounding health, economic and zero carbon benefits, longer-term funding would be beneficial to ensure progress is maintained.
- 58 The programme of work is driven by LCC staff across numerous teams and directorates. In order for the vision to be realised this must remain a priority for those teams and within strategic policies. The Leeds Everyone Moving More Leadership Group is now in place and can support and influence this for the future.

What are the legal implications?

- 59 There are no legal implications arising from this report

Options, timescales and measuring success

What other options were considered?

- 60 None.

How will success be measured?

- 61 The Physical Activity Ambition has a monitoring and evaluation framework that has been created in partnership with academic and evaluation partners. It includes a range of indicators developed and baselined to measure progress at both a systems and intervention level. This is annually reviewed.
- 62 On a project level there are monitoring and evaluation frameworks in place (in development for the DfT project) which are linked to the PA Ambition framework and provide more specific detail for those projects.
- 63 Physical activity will also continue to measure activity levels through the active lives survey, which is the indicator used within the Health and Wellbeing Strategy. This allows Leeds to be compared nationally for activity levels. Other supporting indicators are used through the Public Health Framework such as active travel measurement.
- 64 Active Leeds has service specific key performance indicators such as membership new joiners, membership yields, course programme utilisation, activity and participation figures, expenditure and income, staffing levels, social value indications and equality and diversity targets etc.

What is the timetable and who will be responsible for implementation?

65 In order to have significant impact on inactivity levels across Leeds a long-term commitment to the vision: Leeds is a place where everyone moves more every day is required. The Physical Activity Ambition is driven by Active Leeds and Public Health but relies on a partnership working together much wider than this where everyone recognised that physical activity is everyone's business. This is supported by the governance structures surrounding the programme of work.

Appendices

- None

Background papers

- None